

The BREAD

RESTORING DIGNITY & HOPE

Fall 2020



**Michael's heart
is filled with
gratitude
for YOU!**

Inside: Read how your
compassion and support
changes lives.

 **Bread of Life**
The Mission in Pioneer Square

For more information: (206) 682-3579 BreadofLifeMission.org

Don't miss... **2** Join Our
Campaign

3 "I'm no longer angry.
I'm blessed!"

4 Our Thanksgiving
Needs



“I’M NO LONGER ANGRY. I’M BLESSED!”

Michael had always been a kind and compassionate man... until an unimaginable tragedy broke his heart. “My oldest son was murdered,” he says. “When I lost him, I lost a huge part of myself. I was angry with God and the world.”

He began numbing his grief with drugs and alcohol, but it was his anger that took over his life. “My drug of choice was rage. I used it to master mixed martial arts. My plan was to seek revenge, and I’d brawl with anyone that got in my way,” he says. “Anger controlled me and destroyed the relationships that mattered most to me.”

Eventually, Michael found himself homeless on the streets of Seattle. And it was there, after being robbed, that he had a moment of clarity. “Instead of beating up the thief, **I decided I needed to change my way of life.**”

Michael had been to the Mission for a meal and remembered hearing about our LifeChange Recovery Program. He knew it was the path to the change he sought. **“I began to read and study the Bible and, along with chapels, counseling and life-skills classes, God started working on my heart,”** he says. “He taught me how to forgive those who took my son’s life. Suddenly, my anger turned into hope.”

Michael completed the program and is now a Resident Graduate

with a good job, staying here while he saves money for his own place. But he’ll always stay close to the Mission. “They’re family, friends and brothers who help me face life each day,” he says.

This Thanksgiving season – and all through the year – your kind generosity fills hearts with hope and gratitude... and transforms lives through God’s love! “Although I was angry with God, He never stopped loving me. I’m so grateful to Him and the Mission. I’m no longer angry. I’m blessed!”

“I don’t hate anymore. I’m learning to love.”



**A MESSAGE FROM
WILLIE PARISH JR.**

*You fill my heart
with Thanksgiving.*

The past few months have been challenging for all of us. No one is immune to the stress of uncertainty or the fear of the unknown. And especially this year, far too many of our neighbors have also felt the harsh reality of losing their livelihoods – their ability to provide for themselves or their families. They join scores of others already turning to Bread of Life Mission for food, shelter and life-restoring guidance.

Yet, through it all, my heart is filled with gratitude – for God’s faithfulness... the goodness of mankind... and your dedication to serving “the least of these.”

As more struggling people reach out to us, you are there for them. You are among the heroes who put others’ needs above your own. You join us on the front lines of compassion and kindness, loving your neighbors when they need it most. Now, as we anticipate an increased need for food and care throughout the fall, my greatest hope is that you’ll continue your amazing support this Thanksgiving season.

Regardless of the season or the challenges around us, remembering our blessings brings us comfort, peace and joy. This Thanksgiving, as we gather with our loved ones, I pray each of us finds strength in God... one another... and our own grateful hearts.



Willie Parish Jr.

Willie Parish Jr.
President



19,906
MEALS NEEDED BY THANKSGIVING

**Join our
2020 THANKSGIVING CAMPAIGN!**

Please help us now to prepare for the thousands of meals we’ll serve to our homeless and struggling neighbors throughout the Thanksgiving season. Your generosity will not only provide nourishing food for hungry people, but also opportunities for lives to be restored:

***faith-based counseling • life-skills classes
vocational training • and more!***

Your giving spirit can mean a new beginning for hurting individuals and families right here in our community. Share your heart of thanksgiving by giving your **2020 Thanksgiving Campaign gift today.**



Give now using the enclosed reply card and envelope.



Give online anytime at **BreadofLifeMission.org/donate.**



***Our hearts are filled with Thanksgiving for
your faithful support!***

SEE HOW YOUR GIFT WILL MAKE AN IMPACT!



\$2.33
for 1 hot meal



\$5.00
for 1 night of
safe shelter

**CAN LEAD
TO**



**Practical guidance
and God’s
life-changing
LOVE**

**READ MICHAEL'S STORY
TO LEARN MORE!**



We Need VOLUNTEERS

Your helping hands and giving hearts will allow us to serve and care for the thousands of people who will turn to us this fall! **You can even volunteer remotely!**



Contact us today to see how you can help...

Call: **Julie Quinsay** at
(206) 682-3579, ext. 2

Email:

julieq@breadoflifemission.org
Or visit BreadofLifeMission.org
to find out more or sign up now!

Our Thanksgiving Needs List

Please consider shopping or hosting a food drive for these items we need to feed our hungry guests throughout the Thanksgiving season.

Turkeys
Hams
Stuffing mix
Cream of mushroom soup
Milk
Dinner rolls
Recyclable cups and napkins
Fresh vegetables: carrots, celery, onions, potatoes
Cool Whip



Drop off your donations at **Bread of Life Mission** at
97 S Main Street, from 9 a.m. to 3 p.m., Monday – Friday.

Thank you for helping!

Don't Miss a Single Mission Moment!

Follow us on social media and sign up for our emails to stay up-to-date on our Thanksgiving activities, urgent needs, special events and how your partnership is transforming lives in our community. Be sure to tell your friends about us too, and encourage them to help this Thanksgiving!

BreadofLifeMission.org

