

# The BREAD

RESTORING DIGNITY & HOPE

Summer 2020

## HENRY'S LIFE IS CHANGED FOREVER

*and he wants to  
thank YOU!*

Your support touches  
lives with new hope.

 **Bread of Life**  
The Mission in Pioneer Square

For more information: (206) 682-3579 [BreadofLifeMission.org](http://BreadofLifeMission.org)

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# “I’VE HEALED PHYSICALLY AND GROWN SPIRITUALLY. I’M A BETTER PERSON NOW.”

Henry was just 17 when he joined the Army and went to Vietnam. It was the mid-60s so the conflict was in full swing, and he was surrounded by death and destruction. “I started drinking to excess,” he says.

When he got home, Henry continued to drink every day, never seeking help to address the root causes of his addiction. For 52 years, alcohol controlled his life, destroying his marriage, eating up all his income and, finally, damaging his health. “Drinking put a lot of weight on me. Eventually, I got up to 273 pounds.”

He was already on oxygen for COPD and the excess weight exacerbated his condition. He knew he needed to change the way he was living. “I realized that it was sink or swim,” he says.

It was then Henry came to the Mission, where he found the support he needed to change. “Pastor Willie, the President, encouraged me to start exercising according to my doctor’s advice so I could get off the oxygen,” Henry says. “So I started walking up and down stairs a lot.”

Henry also quit drinking and smoking and his efforts paid off. **“My health is definitely better. I lost 76 pounds and I no longer need oxygen,”** he says. “I donated my portable concentrator and nebulizer to the Mission.”

Meanwhile, through chapel services and attending Pastor Willie’s church, Henry has healed emotionally and his faith has grown stronger.

“I’VE BECOME A **MORE FORGIVING** PERSON AND I **DON’T JUDGE ANYBODY** ANYMORE.”

Henry is now retired and is staying at the Mission, paying rent and serving as a Trustee. “I set up for meals, clean, and set down mats when needed for overnight guests,” he says. “I like helping out.”

**Because you gave from your heart to help Henry, his life has been changed by your goodness and God’s love forever!** “The Mission has sincere and dedicated staff who’ve helped me heal physically and grow spiritually. I’m a better person now.”



A Message from  
WILLIE PARISH JR.

**Give Where You Live...  
to Meet Our Summer  
Challenge**

These past few months have been unsettling for everyone – and most especially for our neighbors in need. Hunger... homelessness... poverty. These hardships can seem even more daunting in the current environment. In times like these, caring for hundreds of hurting individuals presents a challenge that's greater than ever.

Summer is always hard, but this year we're being stretched to the limit. The meals we serve during June, July and August cost \$75,056 alone. On top of that are expenses for crisis-related assistance such as cleansing showers, personal hygiene items, access to medical care, and sanitizing products. And there's no decline in the need for faith-based recovery and practical guidance that empowers our guests to change their lives.

**We need your help to meet our summer challenge!**

During this critical time, I pray you'll continue to remember our homeless and struggling neighbors. They need your encouragement, prayers and compassion now more than ever.

Please *give where you live* to ensure we can care for every individual who turns to Bread of Life Mission for hope and a new beginning, now and in the months ahead. Your partnership brings comfort to so many, especially in times like these.



Willie Parish Jr.  
President

**Through the 3 MONTHS of Summer  
your gift today helps provide...**



32,213  
meals



thousands  
of clothing  
items



7,742  
beds



life-transforming  
decisions for  
Christ



countless hours  
of counseling &  
education

**Give Where You Live!  
Our 92-Day Summer  
Campaign is underway now.**

✉ Give now using the enclosed reply card and envelope.

📄 Give online anytime at [BreadofLifeMission.org/donate](https://BreadofLifeMission.org/donate).

*This time of year, gifts typically drop off, so we need your help now more than ever!*

**GIVE  LIVE**  
92-DAY SUMMER CAMPAIGN

PLEASE HELP WITH OUR



**SUMMER**



Our "Summer Six" are essential items in high demand for our Mission guests all season long. Please deliver your donations to 97 S Main Street, Monday – Friday from 8:30 a.m. to 4:00 p.m. Those in our care will be deeply grateful for whatever you can share this summer!



1. Bottled water
2. Hand sanitizer
3. Toothpaste
4. Toilet paper
5. Paper towels
6. High-efficiency laundry soap



# The backbone of our ministry...

Most people walk into the Mission with just the clothes on their backs. They're homeless, abandoned by friends and family. They have nowhere else to turn.

Our job is to take them into our family and make them feel at home. Feed them. Shelter them. Share the love of Christ.

Thanks to a very special group of people who really have faith in our work here in Seattle, we have the resources to do just that.

These people are members of our Hope Partners Program, and I would like to invite you to join them.

To learn more about becoming a member of this extraordinary group, visit [BreadofLifeMission.org/partner-in-hope-program](https://breadoflifemission.org/partner-in-hope-program). Or, call Julie at (206) 682-3579, ext. 6, or e-mail [julieq@breadoflifemission.org](mailto:julieq@breadoflifemission.org).



To stay up to date on what's going on at the Mission, check out our website and follow us on social media channels!



[BreadofLifeMission.org](https://breadoflifemission.org)



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