

# The BREAD

RESTORING DIGNITY & HOPE

Holiday 2022



The best Christmas gift there is...

*Troy*

has a new life,  
thanks to you!



 **Bread of Life**  
The Mission in Pioneer Square

For more information: (206) 682-3579 [BreadofLifeMission.org](http://BreadofLifeMission.org)

**Don't miss...**

- 2** The Joy that Comes from Christ
- 3** "The Mission showed me what I was missing."
- 4** 3 Easy Ways You Can Help

“

# THE MISSION SHOWED ME WHAT I WAS MISSING IN LIFE.”



**D**uring his time living in North Carolina, Troy worked hard as a mechanic and furthered himself by earning auto-technician certificates. **But the region changed, and affordable housing became scarce.**

That was one of many obstacles he encountered. “I was ready to share what I’d learned, but my field can be overwhelmingly competitive and even negative, and I’m just not like that!”

Frustrated, he prayed about it. God led him to Seattle, where he hoped to find fresh job opportunities. “It’s more of a car town,” he explains. Plus, he had family in the area and looked forward to reconnecting.

He arrived safely after a grueling cross-country bus trip only to fall short of what he needed to survive. At this point, Troy began to spiral downward.

Thankfully, the Mission was able to reach him through our collaboration with Operation Night Watch. He asked questions about our services, and even received encouragement from another long-term program resident.

**When he walked into Bread of Life, everything changed for Troy.**

Troy had always felt the Lord’s presence. But during his darker moments, he hadn’t made time for God. Now, through our structured LifeChange program, he’s enjoying a renewed relationship with Christ.

“My face stays in the Bible,” he grins. **“I just want to hold onto that feeling of, ‘This Is Awesome.’”**

The Mission was able to provide a place for Troy to rest, reinvigorate and tap into much-needed resources, such as Biblical counseling and working

toward affordable housing. Now, he’s ready to resume his dreams, old and new, and to give back. “I was looking for something but couldn’t put my finger on it. The Lord could see into my heart, and now I’ve found my way.”

**“I’m so grateful – I finally got the jumpstart I needed.”**

**Troy is excited to celebrate the restored hope he has been given this Christmas – and wants YOU to know just how grateful he is.** “We don’t always have things down pat in life. Thanks to the Mission, I have a clear view of the path God laid out for me.”



# Help meet our \$10,000 GIVING TUESDAY Goal!

Tuesday, November 29

A Message from  
WILLIE PARISH JR.

## The JOY that Comes from Christ

Don't you just love the words of John 1:14? *"The Word became flesh and made His dwelling among us. We have seen His glory, the glory of the one and only Son, who came from the Father, full of grace and truth."*

As we rejoice over the birth of our Savior, it's such a blessing to know God fills our hearts with joy everlasting – today and every day. His faithfulness sustains us through every circumstance and His grace offers renewal in our lives... as well as in the lives of those we serve.

While we do provide Christmas gifts to the guests in our care, what's most important is that they know about Jesus' sacrifice and the gift of salvation that is freely given to us all.

Thanks to your friendship, we're able to share the "good tidings of great joy for all people" during the holidays and throughout the year. Your fervent prayers and ongoing support help restore lives – and wrap local individuals in God's loving embrace.

Just like Troy, whose story we've shared on page 3, God still works miracles in the lives of people all around us

This Christmas, I hope your heart overflows with peace, joy and love as your blessings abound.



Willie Parish Jr.  
President

## SHARE A CHRISTMAS MEAL...

You can help make this Christmas a time of celebration for our neighbors who are hungry and homeless. With so many obstacles to overcome during this season of hardship, they need a helping hand and to experience God's love!



**\$2.33**  
for 1 hot meal



**\$5.00**  
for 1 night of safe shelter

**CAN GIVE SOMEONE**



**Please Send Your Christmas Gift Today!**



## LEARN MORE ABOUT US ONLINE

Follow our Mission, find volunteer opportunities, keep up with the latest news and events, and donate securely at

**BreadofLifeMission.org.**



You have a generous spirit, and we're so grateful that you've chosen to share your blessings with those who are hungry and broken.

Imagine continuing to bring healing and hope to others – beyond your lifetime. When you remember Bread of Life Mission in your will or estate plan, you ensure that your compassion lives on, tomorrow and beyond.

For information on planned-giving opportunities, please contact our Office Administrator, Julie Quinsay, at ☎ (206) 682-3579 ext. 106 or ✉ [julieq@breadoflifemission.org](mailto:julieq@breadoflifemission.org).



# 3 Easy Ways YOU Can Help this Christmas!

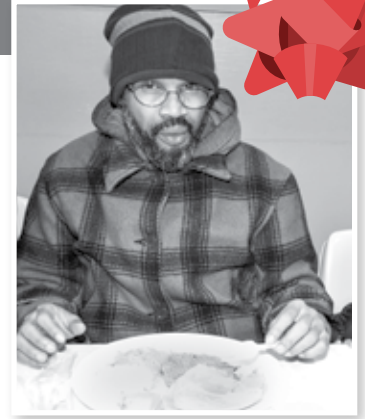
## SERVE NOURISHING MEALS



You can feed our hungry neighbors by donating these foods to help prepare thousands of meals this holiday season. Please deliver them to

**Bread of Life Mission at 97 S Main Street, from 9 a.m. to 3 p.m., Monday – Friday.**

turkeys & hams \* boxes of stuffing \* bags of potatoes \* canned fruits and vegetables \* coffee, creamer & sugar



## PROVIDE THE ESSENTIALS



You can offer our guests these essential items to keep them safe and comfortable during their time at the Mission. Please drop off donations at **Bread of Life Mission at 97 S Main Street, from 9 a.m. to 3 p.m., Monday – Friday.**

garbage bags \* paper towels & toilet paper \* laundry detergent  
three-compartment to-go containers \* biodegradable sporks

## DONATE GIFT CARDS



Donating gift cards for these merchants helps purchase holiday gifts – and year-round necessities. Please mail or deliver them to **Bread of Life Mission at 97 S Main Street, from 9 a.m. to 3 p.m., Monday – Friday.**

Walmart \* Target \* Safeway \* Costco

*Thank you for making this our best Christmas celebration yet!*

