



Willie Parish Jr.
Executive Director



Dear Friends,

Just a couple weeks ago on Thanksgiving, we were blessed to serve 548 meals to Seattle's homeless and hurting. In addition, this year we provided a mega breakfast with all the fixins'. As shown on the front of this newsletter, people were lining up as early as 6:30 AM to receive breakfast and what a blessing to be able to serve them. The guests we fed were incredibly thankful for the provision as well. All of that was possible because of your prayers, love, and faithful support. Thank you!

In addition, people were not only physically fed but spiritually fed this Thanksgiving. One guest came into our shelter distraught and filled with grief over the death of his brother. He needed prayer and that is what he received. Right there in the dining hall, amidst the breakfast hustle and bussle, one of our LifeChange program students prayed for the guest. That is the power of God working at Bread of Life and how exciting that we get to experience it. Thank you for being a part of this journey with us...we couldn't do it without you!

I pray you have a very blessed season.



Merry Christmas and Happy
New Year from all of us at
Bread of Life Mission.

Interview with
Seattle Seahawk,
Justin Forsett

Winter Needs List

2011
Thanksgiving Recap

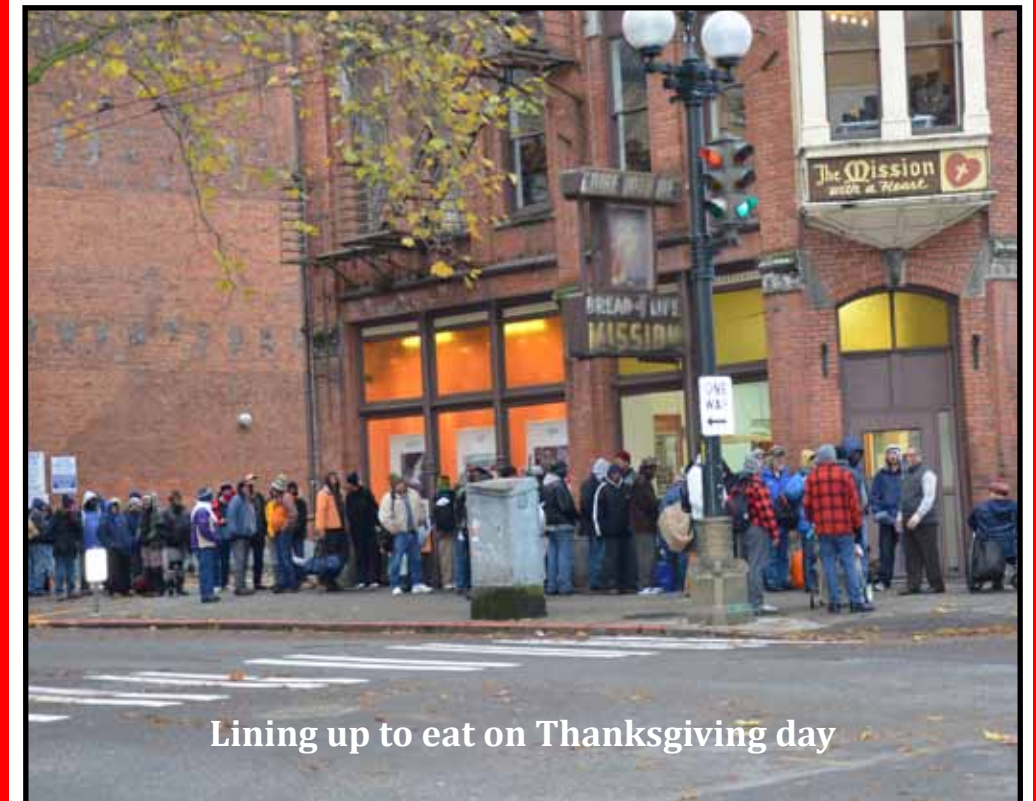
LifeChange Story of
Healing:
Robert Walker

Note of Thanks from
Executive Director:
Willie Parish

Christmas Meal
Times and Volunteer
Opportunities

The Bread

Winter 2011



Lining up to eat on Thanksgiving day



You help touch lives here every day of the
year...and especially on Christmas!



www.BreadofLifeMission.org



Christmas Volunteer Opportunities

Christmas Gift Wrapping on Wed. Dec. 21st at 1PM & Fri. Dec. 23 at 1 PM
Christmas Eve Day Meals at 8AM and 6PM
Christmas Day Dinner at 6PM

Please email Alisha about getting involved with these opportunities at alishah@breadoflifemission.org.

Men and women come to the mission every single day of the year and we are committed to restoring their dignity and hope. This is not possible without compassionate donors like you. Would you partner with us again and provide a **very special gift this Christmas?**

\$15.14 provides for one night of shelter and meals

\$30.28 provides for two nights of shelter and meals

\$105.98 provides for one week of shelter and meals





Seattle Seahawk Visits Bread of Life Mission



Just a couple weeks ago Bread of Life had a special guest walk through our front doors. Justin Forsett, running back for the Seattle Seahawks came and served lunch to our guests, talked with men and women in our day shelter and answered some of our questions about his life journey.

Something that Justin said during the visit really rang true to us here and perhaps it will stir something within you. As he reflected on his career as an NFL football player he stated, "I'm blessed to be a blessing." Clearly he does not take his life for granted. Justin and his wife inspired our guests and were more than eager to serve the lunch meal.

Justin also had some encouraging words for the men that are recovering in our LifeChange program. He said, "You can never go so far that you can't go around." In other words, it's never too late! God's grace is waiting for anyone willing to make healthy changes.

Thank you Justin for visiting Bread of Life Mission!

See a special video interview with Justin Forsett on our website at www.breadoflifemission.org

Winter Needs List:

- Warm Jackets
- New Blankets
- Men's and Women's Jeans
- Gloves
- Duffel Bags
- Sleeping Bags
- New Men's and Women's Undergarments
- Socks
- Men's and Women's Casual Shoes

Interested in donating any of these items? Contact Alisha at alishah@breadoflifemission.org or 206-682-3576, ext. 108.



Executive Director Willie Parish and Seattle Seahawk Justin Forsett



Justin and wife Angela in the BOLM kitchen.

Merry Christmas from the Mission



Meal times:
Christmas Eve day breakfast at 8 AM
Christmas Eve dinner at 6 PM
Christmas Day dinner at 6 PM

2011

Thanksgiving Recap

498 warm meals served to hungry people

83 volunteers were a blessing

500 lbs. of turkey was consumed

A lot of dignity was restored

You helped make this possible!



Robert Walker: Story of Healing

Robert was raised by good parents but unfortunately he developed an appetite for street life as a young teenager and became active in aggressive fighting, drugs and alcohol. Robert recalls his father telling him in frustration "Son, the scars on your face will heal, but what about the ones in your heart?"

By his early 20's, Robert found steady work as a nightclub bouncer and sank into heavy drinking. By age 36, he lay near death in the hospital with severe alcohol poisoning. His runnin' and gunnin' lifestyle hurt his family, wrecked his health and almost took his life. Trapped and needing help, **Robert didn't know the "why" of his condition...or how to get out.**

God leads men like Robert to us because they need structure, prayer support, guidance; and most of all, a change of heart. With proper help they have a real chance to break free from the life they have become accustomed to.

Last year Robert enrolled in our Life Change program and started to dismantle the "old Robert" and allow Christ to rebuild something brand new inside.

Robert successfully completed the program in October and graduated with a sense of honor. He then applied and fulfilled all requirements to enter an advanced ministry training program with another organization.

Robert recently travelled home to spend Thanksgiving with his family. He shared with them about how **God has healed the scars of his heart and given him a purpose for his life.** For over twelve months, Robert worked hard and focused on what God had for him and there was a happy celebration around his family's table this Thanksgiving.

When past scars are touched by God's grace...a beautiful transformation occurs.

Thank you for helping make this a reality for the homeless in Seattle.

LifeChange



Robert with Graduation certificate and Bible in hand.



Robert serving meals in the kitchen shortly after he arrived at BOLM.